

My own self at my very best all the time. **Worry and guilt are useless emotions. If not now, when?** Life is for the living; use your stuff, don't "save" it. **It's not the years in your life that count; it's the life in your years! Just get through today.** Mens sana in corpore sano (a sound mind in a sound body). **Life is grand! Snail in action.** This too shall pass... **Carry on! MHC1983 Change is our status quo.** Be happy. **Enjoy each day. Moderation in all things, including moderation!** That which does not kill you, makes you stronger. **Easy does it. Do something, no matter how small, that makes someone happy every day.** Stop and think first! **No act of kindness, no matter how small, is ever wasted. Love is life, life is love.** One day at a time. **God is always in the mix. Over time, things tend to work towards goodness. MHC1983** Grace and flexibility. **Happiness is the path. Fake it 'til you make it.** Carpe diem (seize the day). **You can do this. You can't take it with you.** Do unto others as you would have others do unto you. **Do the right thing, even when no one is looking. Be prepared.** Everything will be OK. **Nevertheless—she persisted. No problem can withstand the assault of sustained thinking. MHC1983** That which doesn't kill me makes me more expensive. **Pull yourself together, it could be worse. If there's a will, there's a way.** Feel and acknowledge negative feelings, and then move on from them. **Thoughts become things, choose the good ones. Never give up.** Sufficient unto the day are the evils therein. **Be like a duck; looking smooth on top of the water and paddling like heck below. MHC1983** Let it go, unless it matters! **Be kind. Bloom where you're planted. Life is not about waiting for the rain to pass, it is about learning to dance in the rain.** Move it or lose it. **Just for today. Love wins.** Try to put others first. **MHC1983** God watch over me and my family. **Fortuna fortes juvat (fortune favors the brave).** Be the change you want to see in the world. **Be prepared! Make decisions knowingly and quickly.** Something is better than nothing. **Make every day count. MHC1983**



Welcome MHC1983!

In honor of our 35 years as Mount Holyoke Alumnae, here are the results of the reunion survey. You will learn surprising and not so surprising things about your classmates.

There were 119 people who completed the survey. We had 545 graduates in our class, so this is a 22% response rate.

We are a diverse group of women with advanced degrees and varied interests, but there are many common threads – of course, mainly our love for MHC and what it gave us, and for our MHC friends.

We are iPhone app and social media using, Netflix binge watching, red wine and coffee drinkers. We are animal loving and yoga practicing. We are prolific readers and when Amazon does not bring books to our doorstep, we use the library. At predominantly age 57, we are launching kids from the nest while caring for elderly parents.

We are Fitbit wearing walkers and hikers who love the ocean. Many of us who did not study abroad during college now wish we had. We are making up for it now as widely traveled adventurers who stop to rest our heads at a VRBO or Airbnb.

We are pink hat wearing marchers for decency and women's rights. We are living in challenging times, but instead of despairing, we are politically engaged and donating to impactful organizations. 100% of us give to charity.

We are nostalgic and hang on to our MHC stuff. We believe our Mount Holyoke degrees are equally or even more relevant in today's society. It is clear that those who took the time to participate are a self-selected group who continue to be engaged in our alma mater and have an overwhelmingly positive outlook on Mount Holyoke and women's colleges in general, but we have tried to include all voices.

What brings us joy? First and foremost, family/our children and spending time with friends. After that, being in nature (sunshine was mentioned repeatedly!), traveling to new places, creating things (this includes growing food and flowers, making art and music), our beloved pets and helping others. In this fast-paced life we lead, quiet time and calm moments are also appreciated.

In the future, we might want to call this document the "Book of Lists." In addition to book and movie recommendations, we have added lists of favorite series for streaming, podcasts and apps. 69% of us get our news from digital newspapers. We are embracing all that is new!

The original intent of the question with the many descriptors was to build a "word cloud" (i.e. the adjectives with the most responses would be larger in the graphic.) 58 possible choices were provided and you came up with 70 more. Each of these 128 individual identities are meaningful to us and deserve equal weight. Thus, they are all listed on the back of this booklet in alphabetical order.

Until 2023 when we will see what further changes have occurred individually and as a class – enjoy this snapshot!

Alecia Oberg McClure

May 26, 2018

PS: Thank you to all who took time to take the survey, as well as classmates who contributed to the development of the questions: Abbie Holcomb Deneen, Kathy Hughes, Pam Riley Miklavcic, Gaby Crane Peterson, Pamela Smith, Elisa Fagan Walts



Stephen Colbert won with 33% of the vote. However, 40% of us said that all Late Night TV is past our bedtime. One classmate pointed out that they can be streamed any time —and that she enjoys Samantha Bee with afternoon tea!



If Mount Holyoke were Hogwarts, we would live in Gryffindor House of course! Thank goodness no one said Slytherin. But, 45% are not Harry Potter fans... this would likely be hugely different if we were Class of 2003.

Mount Holyoke Memories

We are a studious bunch! Self-scheduled exams came in the top 3 favorite traditions and we are as likely to have kept papers/our thesis as a t-shirt. If MHC friends had been on the list of things we still have, it would be #1 at 100%. *“My MHC friends are very special to me. This far along, we still understand each other the way no other friends I have do.”*

Favorite Traditions		What We Keep	
Mountain Day	79%	1983 Yearbook	83%
M&Cs	71%	Class Ring	46%
Self-Scheduled Exams	44%	Papers/Thesis	41%
Alumnae Parade	35%	Original MHC Apparel	40%

Still fit? :) 

Other interesting facts:

- ◆ 28% of us have a MHC relative (30% of those are our moms). This includes a great-grandmother.
- ◆ Of those with college aged children, 5% have a daughter that went to MHC. (8% to a 7-Sister)
- ◆ Over half of us have been active in our local MHC club. 4% of us have gone on a MHC Alumnae Association trip. (Expect this number to rise...)
- ◆ Nearly 1/4 of us studied abroad. Half of us did not, but wish we did! (Possibly due to seeing our own college kids head off on these adventures.)
- ◆ Over 1/5 of us would have majored in something different (perhaps the field didn't exist then?).
- ◆ Over 40% of us have steered a capable young woman toward Mount Holyoke.
- ◆ 1/3 of us said if we could do it all over again, we would “party” more. And, 2/3 of those women said they'd ALSO study more!
- ◆ When forced to answer the difficult question about how the internet would have impacted us, 62% chose “stronger students” and 38% said “more distracted.” The answer is really both!



“I truly believe that I would not be where I am today if it had not been for the learning environment and top-notch education I received at MHC. I also believe that single-sex education still has a place in the world.”

“It is wonderful to be part of a group with a shared understanding.”

“I am working in a traditionally male profession at a traditionally male institution, and having the history and support of Mount Holyoke behind me strengthens and upholds me. I know another way and experienced another reality.”

“At MHC we learned the value of women. We learned what we were capable of and no amount of societal discrimination can take that away from us. The inner resources I gained have stood me in good stead ever since graduation.”

“It was the first place outside of my family home where I found others who too believed women can do anything, hold any office, any career, rise to their highest capabilities with NO need for apology.”

The Women's College Effect!

How important is it that MHC is a women's college?

	1979	2018
	<u>Decision to Attend</u>	<u>35 Year Alumna</u>
Very	27%	55%
Somewhat	46%	35%
Not at All	27%	10%

A Women's College Today vs. 35 Years Ago	
More Relevant	33%
Equally Relevant	51%
Less Relevant	16%

We appreciate it even more now.

"I now fully appreciate the value of being in an environment where all students have the opportunity to explore their potential." "I didn't realize until much later how important it was to me."

"I definitely appreciate more now than at the time the unique opportunity to be among only women to study, live, discuss, think, expand."

"I appreciate places where women's voices are valued and women's intellectual curiosity and growth is encouraged."

"Women's colleges empower women and it is understood that women matter. We absorb this message when we are there."

"Out in the world, I can usually recognize a woman who went to a women's college by her intelligence, her open attitude to new information and people and the confidence to share her opinions. Yep, really. "

"Whenever the topic comes up, I always tell people how powerful the experience was for me."

"Women are still marginalized. It is helpful and important for there to be a place where they are not. The outcome is extraordinary."

"We need more places in the world where women's voices are valued."

"Women need a safe and encouraging environment in which to learn and prepare themselves for the battles ahead."

"Women from women's colleges absorb by osmosis the strength of women, the history of women's struggles and can make connections to relevant events in today's world."

"'Once your consciousness has been raised, it can never be lowered.' (Wisdom found on a Cheerio box when her kids were little.) Gaining an awareness of women's inferior role and equal ability to do anything was a gift I could only receive at a women's college."

"'The more things change, the more they stay the same.' All the reasons it was important in the past remain relevant today."

"Recent events (e.g. '16 election, #MeToo) show that women still struggle for equality and respect in our world."

"The same issues exist in our world today as 35 years ago... not much, certainly not enough progress has been made in terms of equal rights under the law or in society as a whole."

"Women from countries such as Saudi Arabia, Korea, Tanzania, and other places where women's rights are not assured need a safe environment to excel."

"I believe MHC needs to go co-ed and should have done so a long time ago." "With gender issues now more widely understood, everyone on the gender spectrum except people born as male and identify as male should be admitted."

About Us

On the Move

1979: Respondents to the survey came from 26 states, DC and 4 countries. Most common: NY (22), MA, CT, NJ, PA

2018: The same group now lives in 32 states and 2 countries. Most live in: MA (27), CT, CA, NY.

Westward Ho! Shifted from 1 to 8 living in CA and from 32 to 13 living in NY/NJ.

Where we

live:	Suburban	65%
	Urban	20%
	Rural	15%



1/4 of us have moved 10 or more times in the last 35 years. Half of us have moved 5-9 times.

30% have lived in more than one country since graduation.

Relationships

70% of us are married or have a lifetime partner. 5% are divorced.



Favorite Memories:

- ◆ Being at the beach with my partner.
- ◆ Cruising down the Seine with my husband; watching the Eiffel Tower twinkle at night.
- ◆ Meeting and falling in love with my fiancé.
- ◆ Quiet time on the deck (or sailing) on a lovely summer evening with my husband.
- ◆ When my partner proposed to me.

Proudest Moments:

- ◆ Continually building my marriage with my husband of 35 years.
- ◆ My children as they faced their father's death with love and strength.

Caregiver Role

74% of us are moms. 1/4 have one child and half have two kids.

6% of MHC1983 moms are also grandparents.

Watch this rise in the years to come!

7% of moms adopted their children and some have opened their homes to foster children.

"I mentored a foster child for 2 years. In Nov. 2017, she was adopted by a remarkable couple. I am now considered an aunt, and have the pleasure of continuing to get together with this 14 year old girl and her family monthly."

Half of these families have kids that have flown the coop. Sometimes (14%), they come back!



88% of MHC1983 moms have kids who are in or have completed college and 25% have kids who are in or have completed grad school.



We are the "sandwich" generation, caring for both kids and aging parents. 37% of us have lost all our parents.

Half of us are providing or have provided care to our parents. 54% of those parents aged in place in their own home, 36% moved to assisted living and 10% moved in with us.

Fur Covered Kids (Feathers and Scales too)

68% of us have pets, split evenly

between cats and

dogs. We also live

with fish, chickens,

rabbits, ferrets, horses and llamas.



Careers

Over 2/3 of us hold advanced degrees and several people have multiple. The breakdown:



Masters	33%
JD	20%
MBA	17%
PhD	11%
MD	7%

HALF of us have made a major career change at this point.

“Retired and rehired. I worked for a major Pharma for 17 years. I thought I would retire from there, but downsizing brought the opportunity to retire earlier. I started a job search and new position at 56. I was able to move past the fear of not being hired because of my age in part due to my experience at MHC. I turned a surprise unwanted ending into a new start.”

Working 9 to 5...

62% of us report we work full time, 10% part-time and 14% retired or not working. (Does not add to 100 because of the way the question was worded.)

18% identify as full time volunteers.

16% say they are self-employed and we have lots of independent business owners in our class:

Yarn Shop, Floral/Event Design, Pet Sitting, Jewelry Design/Sales, Massage Therapist

Over 15% of us have worked outside the US.

Our top employer is a school or university (27%), followed by non-profit (22%) or small company (16%).

13% work for large corporations, likely a shift from prior surveys.

Other workplace environments: museum, art center, yoga studio, home (on-line business).



By learning new skills and following our passions, we reinvent ourselves. 46% of women who shared their career change examples (35 responses) had transitioned to education or non-profit work (generally from law/business/banking). However, there are also people who went the other direction: a ballet dancer, a curatorial assistant in an art museum, and teachers are now in finance. Many technology careers did not even exist when we graduated, but our strong foundation allowed us to pursue them.

Examples:

Lawyer -> Director of Admissions at a University, Independent School Head and Development Professional, Professor, IT Consultant and Network Administrator

Tech in a Physiology Lab -> IT for the Hospital System

Recording Studio Assistant Manager -> Software Engineer

Historian/Professor -> Dog-walker -> Freelance Editor and Proofreader

Academic Research in Environmental Geoscience -> Unitarian Universalist Clergy

Teacher -> Health Care Administrator -> Electronic Marketing Entrepreneur, Running a Community Garden

Clinical Psychologist (Crisis/Substance Abuse Counseling) -> Artist/Art Instructor

We are nimble:

“Left a 20 year career and moved to a new city to work for a start up. That went bust, so pursued a new career in nonprofit.”

We never stop learning: *“I’m proudest of taking on a 2nd part-time job in a new field and working really hard at both the old and the new careers, while now also training for a 3rd career.”*

Lifestyle

Free Time

Here are the top dozen things we like to do in our free time. The top mention not on the list of choices was gardening. Others: blog writing, piano lessons, walking dogs, decorating/remodeling, mentoring Posse Scholars and working on cultivating an encore career.

Travel	82%
Read (Fiction)	79%
Exercise (Outdoors)	65%
Watch TV incl. Netflix	65%
Read (Newspapers)*	61%
Attend Theater	57%
Volunteer	56%
Social Media	51%
Concerts	51%
Visit Museums	50%
Exercise (Indoors)	50%
Cook/Bake	49%

*predominantly digital

Fitness/Wellness

27% of us think we are in our best physical shape NOW! (in college: 23%, 20s-40s: 50%). 1/3 of us are using Fitbits. 66% reported they are sleeping 7-8 hrs/night, while 31% said 6 hrs or less. We love to walk and hike (which aligns with our love of travel).



Walking	88%
Gym/Fitness Machines	44%
Hiking	40%
Yoga/Pilates	30%
Fitness Class	26%

We have yoga, bodywork and MELT instructors among us, as well as equestrians, kayakers, standup paddleboarders (SUP) - and "trying to get out of the recliner!"

24% reported participating in a competitive sporting event in the last 5 years, the most popular by far being a 5/10k run or walk (sometimes for charity).

People have also done Century bicycle rides, tennis and karate tournaments—and we have a figure skater.



Food

Everything in moderation—flexitarian! While 60% said "anything," the comments indicated that really meant



"anything healthy." We heard "super healthy," "non-commercial food as much as possible," "aspiring vegan." 23% described

their diet as "Mediterranean," and quite a few classmates are gluten-free.



Someone said "plus chocolate!"



We are wine drinkers (61%) and our preference is red (56%) vs. white (41%). Less than 7% prefer beer. Over 17% of our class does not drink alcohol, however.



87% of us drink coffee. 38% drink tea. Less than 5% drink neither.

Technology



3/4 of us are loyal to our iPhones. But, as far as computers, 55% of us have PCs and 43% Mac. How ever did we get through college without a computer?!

Let's

Connect!

Facebook	85%
LinkedIn	52%
Instagram	34%
Twitter	22%
Pinterest	20%

Half of us post to/read social media in our free time. 43% of us are getting our news this way (i.e. pushed from the New York Times, etc.).

Transportation



90% of us are mainly driving our own car to get around. 12% of those cars are hybrid or electric. 7% use public transportation. A handful of respondents bike or walk.

What Concerns Us & How We Cope

Classmates were asked to choose their top 5 societal or global concerns (but not to rank) and this was a common response: *“Just 5? All of the above. We have so much work to do! The issues are too interconnected to choose separately - we need to address them all.”* While there is much to worry about, we are not paralyzed. We purposefully direct our dollars and our time and we practice self-care.

Top 5 Issues

Our country's political climate	80%
Health care system and cost	67%
Concern for planet/environment (including climate change)	64%
Gun violence, mass shootings and reform	49%
US educational system (including high cost of college)	46%

We care about many other things: human rights, poverty eradication (here in the US and globally), addiction/opioid crisis, decay of our spiritual fabric, power of corporate America as a political interest, gay rights, sex trafficking, sexual harassment (including #MeToo movement), creating opportunity for the underprivileged in inner cities to succeed, getting more women into political office (all parties), freedom of the press, preservation of democracy, North Korea.

We Give 100% of us give to charity.

Donate items to Goodwill etc.	70%
Mount Holyoke College	69%
Food sufficiency/food pantries	53%
Women's rights (including Planned Parenthood)	44%
Health related (cancer, other diseases)	41%
Other educational institutions	38%
Faith community	36%
Homelessness/shelters	32%
Empowering women and girls globally	29%
Animals (including Humane Society, endangered wildlife)	29%

Other causes we donate to: Environment (climate change), civil rights and social justice (ACLU/Southern Poverty Law Center), LGBTQ rights and protections, poverty eradication, public radio/tv, arts organizations, veterans, drug rehab, youth services, local families, high school/local fundraisers, GoFundMe campaigns.

We Volunteer

- ◆ 56% of us volunteer in our free time.
- ◆ 18% of us describe our jobs as full-time volunteer.

We Make our Voices Heard!

2/3 of us describe ourselves as politically active

67% call/write Congress

55% marched in our own town

31% traveled to march in a big city

26% campaign or canvass for a candidate



We Destress

Be outside in nature (walk, hike, garden etc.) 73%

Exercise/fitness (including running) 55%

Cook and/or drink wine 52%

Massage 35%

Yoga/Pilates 28%

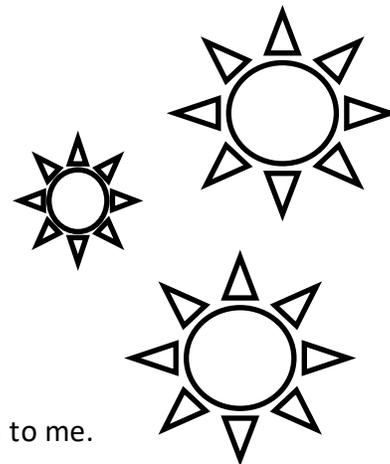


In the Last 5 Years...Highlights

Favorite Memories

At our age, kids (ours, our friends' and siblings') are growing up, so many memories revolve around graduations and weddings. Our parents are in their final years, so we remember them fondly too.

- ◆ Attending the opening of a new amphitheater that I worked to advocate for.
- ◆ I am big on ancestry and trying to trace my roots. It was an awesome feeling standing on the African continent where my family history originated.
- ◆ Caring for elderly/ailing parents, now gone!
- ◆ Having the courage to go out on my own and walk the Camino.
- ◆ Having my husband home again after being sick in the hospital.
- ◆ Holding newborn grandchildren.
- ◆ Homeschooling my children—what we did together.
- ◆ Singing “God Bless America” for Vietnam War veterans.
- ◆ Swimming from Alcatraz to San Francisco.
- ◆ The moment I realized I could understand when French was being spoken to me.
- ◆ Walking down a path to get married, with “Come On Eileen” playing!



Proudest Moments

Of 77 comments, 36 (48%) reference our kids and their achievements. We are also proud of opportunities we have had to help others. We continue to earn advanced degrees, even 30+ years out of college.

- ◆ Beginning and continuing with teaching English to adult learners.
- ◆ Proud (and surprised) that I've become more active and politically knowledgeable in the past few years.
- ◆ Helping a few dozen immigrant, refugee and traditionally underserved young adults earn GEDs.
- ◆ Renovating/restoring my grandparents' house.
- ◆ That I had a home available for 7 people/4 dogs to live in after they lost everything in the N. CA wildfires.
- ◆ Starting a non-profit to send girls to secondary school in Uganda and traveling there to meet them.
- ◆ Can I say I am proud of my dog? He was in sad shape when I adopted him, now he's a good, healthy boy!
- ◆ Achieving ordained ministry.
- ◆ My exhibition/catalogue, “Gothic to Goth: Romantic Era Fashion & Its Legacy” (picked up by Google Arts & Culture Initiative, the sold out catalogue goes for \$500 from second hand dealers now.)
- ◆ When my 10 year old neighbor wrote about me as the woman he most admired.

Oh, the Places We Go!

Favorite Travel Destinations



With Adults

Adirondacks/Lake Placid (canoeing & tent camping)
African safari (Kenya great migration, Tanzania)
Antarctica
Argentina (Santa Fe and Mendoza)
Australia (Great Barrier Reef)
Backpacking in the Rockies
Bermuda (incl. cruise)
CA wine country
Cancun
Cape Cod (Chatham Bars Inn)
Caribbean (incl. cruise)
Chicago/Midwest Road Trip
China w/ MHC Alum Glee Club
Church Conferences (UCC Synod, national gatherings)
Cuba
Dodge Poetry Festival
Europe (Austria, France/Dordogne, Greece/hiking & kayaking, Ireland, Italy/bike tour, London, Paris, Portugal, Scandanavia/cruise incl. St. Petersburg, Scotland, Spain/Madrid & Northern, Switzerland)
Florida (resort)
Galapagos
Grand Canyon (Havasus Falls hike)
Harbor Island, Bahamas
Hawaii
Hilton Head Island, SC (beach walks & bird watching)
Washington/Oregon Coast
Wisconsin (Great Wolf Lodge Water Park, the Dells)
New Orleans (Jazzfest)
Mexico
Montreal
New York City
Northeastern Maine
Outer Banks, NC
Patagonia (flyfishing)
Provincetown
Quebec (incl. literary tour)
Rehoboth Beach
San Antonio
Santa Fe
Sedona
South Africa (incl. volunteer trip)
Spiritual Retreats



With Kids

Africa
Alaska (Prince William Sound)
Australia
Bermuda
California (Northern, Southern, San Francisco)
Canada
Cancun
Cape Cod, Martha's Vineyard & Nantucket
Caribbean
Charleston, SC
Chincoteague Island
Europe (France/Paris, Germany/Berlin, Greece, Iceland, Ireland, Italy/Florence, London, Norway, Spain)
Florida (Disney World, Universal Studios)
Macchu Pichu, Peru
Maine (York)
Michigan (Traverse City)
Montreal
National Parks (Yellowstone, Grand Canyon, Grand Teton)
New York City
Prince Edward Island
Rhode Island
Seoul
Tanzania
Turkey
Vermont (Stowe, Lake Champlain)



84% of us like to go to NEW places on vacation.

We love our water! 68% chose the ocean, the beach or a lake as their favorite place to have fun and relax. "Exotic locations" and "wine country" were also mentioned as favorites.

What we do: Sightsee (69%), Visit Family (69%), Stay in a Vacation/Rental Home (50%), Visit Friends (46%). Road/Ski Trips, Cruises, Bicycle Tours, Music Camps and Spiritual/Solitary Retreats were listed.

26% of us like to have a "staycation" at home sometimes.

Where we stay: Hotel/Resort (87%), Family/Friends (67%), VRBO/Air bnb (46%), Own Vacation Property (20%), Biking/Walking Tour (13%), Cruise Ship (12%). Small cruise ships are preferred by some, and an "international home swap" was suggested as a great way to see the world.

Last Words...

“Women today are achieving more than ever, breaking new grounds in fields where only a few ventured in the past. But several generations of women seem to have lost ground in terms of fighting to present themselves as equal. We don’t need to be arrogant, but neither should we be so humble that we hide in the background. We—one and all—need not only to build our skills and expertise, but to project confidence so that others know we can use them. We must be seen, heard, and not toyed with as objects. We need to take action against oppression without provoking gender wars. Women’s colleges can do a great deal to help young women recognize their strengths, can instill confidence in them, and can teach them to project their strengths in public and in private.”

- MHC1983 Classmate’s response regarding the relevance of women’s colleges in 2018.

What Brings us JOY

Family. Watching my kids grow. Getting along with my adolescent. Happy children.

Friends. Family and friends gathered for food, wine and games.

A spring day. Sunshine. Being in the great outdoors. Bodies of water. Being out on a trail anywhere with just the sound of birds. Stargazing. Sunrises and sunsets.

Feeling I have deeply helped someone. Helping people feel comfortable in their own bodies. Mentoring teens and their smiles and successes. Helping others grow food or giving them food I’ve grown. Taking my dog to visit hospice patients and watching them respond to him.

Experiencing life in both new places and familiar ones. I always see the old places with new eyes.

A good book. Working with textiles. My garden in bloom.

Notable success or solving a problem at work. A great vocal performance.

Finally seeing an exhibit I’ve curated open to the public. Delicious, artful food.

Challenging myself physically. My yoga practice. Driving.

An eternal perspective. People loving on one another. Spending time alone. Calm.

**Until
2023**

Keep making happy memories.

Keep doing things that make you proud.

Keep joy in your life.

We are....

55	Citizen	Humanist	Raised Overseas
56	Community Builder	Idea Person	Reader
57	Conservative	Independent	Refugee
58	Cook	Irish Citizen	Reiki Master
66	Couch Potato	Jewish	Republican
Activist	Curly Haired	Justice-loving	Resister
Adventurer	Cyclist	Knitter	Retired
Adviser	Daughter	Lawyer	Right-handed
Advocate	Democrat	Left-handed	Runner
African American	Disabled	Lesbian	Scientist
Agnostic	Doctor	Liberal	Seeker
Ally of LGBTQ People	Dreadlocked	Lover	Self-defense Advocate
American	Dyed Hair	Mentee	Singer
Anglophile	Editor	Mentor	Skier
Animal Lover	Eldest Child	MHC Booster	Southerner
Anxious	Engineer	Middle Child	Spiritual
Art Lover	Environmentalist	Minister	Stepmom
Artist	Equestrian	Mother	Straight
Asian	Explorer	Musician	Straight Haired
Atheist	Farmer	Naturalist	Student
Athlete	Feminist	Non-binary	Synergy Finder
Aunt	First Generation American	Only Child	Teacher
Bi	Friend	Open Minded	Thought Leader
Bipartisan	Gardener	Optimist	Traveler
Biracial	Gay	Overwhelmed	Uncolored Hair
Boss	Gender-fluid	Partner	Unitarian Universalist
Buddhist	Grandmother	Peacemaker	Vegan
Businessperson	Health Conscious	Philanthropic	Volunteer
Cancer Survivor	Hiker	Problem Solver	Widowed
Caucasian	Historian	Progressive	Wife
Change Agent	Homeowner	Public Servant	Yogi
Christian	Hopeful	Raised in the US	Youngest Child

MHC1983